The Official Newsletter of the Warragul Cycling Club

Cadence

May 2005

Editor—Monique Hanley
Secretary—Karin Jones—PO Box 416 Warragul 3820

www.warragulcyclingclub.org.au

Barry Bourke Motors
Major sponsor of the WCC
167 Queen St Warragul

Bike Land—
Major club sponsor
75 Queen St Warragul

CTC Quality Maintenance
Junior Sponsor
57-69 Sutton St Warragul

This issue:
• Yellow Jersey Fever
• President’s Prattle
• Rec Riders Off-Road
• CSV Changes
• Upcoming Events
• Marshalling Duties
• AGM 2005
• Junior Sub-Committee
• Winter Calendar

YELLOW JERSEY FEVER HITS WARRAGUL

Yellow Jersey will hit Warragul in July to coincide with the staging of the Tour de France. Over three weeks the club will hold a special race series featuring the best elements of the Tour, including a Prologue, Time Trial, Col du Shady Creek and classic stage race events. Yellow jerseys available to defend in each grade, as well as spot prizes and plenty of action. For further details check out the Winter Calendar on Page 4.

23 Ride It members took on the trails of Melbourne on May 1st. Read all about it on Page 2

PRESIDENTS PRATTLE

Once again the Club has been very active in recent months on a number of projects. The Baw Baw Classic was held on April 2nd in ideal conditions. With over 120 entries, the event continues to draw riders from all over Australia keen to test their strength on the fast growing legend of Baw Baw. Many thanks to the key sponsors of the event, Mt Baw Baw Resort Management, Baw Baw Road Safe, Bike Land and Baw Baw Shire, as well as the number of Club volunteers who assisted on the day, St Johns Ambulance, SES and local Police, and the Gippsland Logging Syndicate for coordinating logging activities away from the race period.

It is terrific to see the Recreational Group organising some great rides recently, including the Grand Ridge Road ride and the recent trip to explore the Melbourne bike paths. The group is keen to promote cycling throughout winter, and I encourage all members to join the bunch for some relaxed rides in these cooler times.

The club continues to work towards implementing a successful race marshall system, including the coordination of collecting the bike trailer and setting up the race signs before and after each race. We cannot race without this signage and support, so please play your part in ensuring our racing is possible. Remember, no signage, no race. Once again, I would like to thank Staf Duncan, Graeme Frickie and Karin Atkinson for their ongoing contribution to promoting the Rec group events.

With the AGM fast approaching the current committee is looking for some fresh faces to drive a strong agenda for the future of the club. I thank the current committee for their efforts so far, encourage them strongly to continue and call to all other members who can contribute to put up their hands prior to the AGM.

Lastly, please take note of the call for nominations for our new junior sub-committee. We hope to implement a new junior oriented program in late Spring, and interested persons are encouraged to contact the club.

Keep on pedalling

Justen

Peter Bailey
Looks Good in Yellow — Do You?

REC RIDERS TAKE ON THE MELBOURNE TRAILS

Peter Bailey
Looks Good in Yellow — Do You?
The Ride-It winter calendar is now out and is on Page 4. Stick the page on the fridge as a reminder that wheels will keep spinning right throughout winter. Some changes to note:

**Saturday Rides** Now depart from 1.30pm due to the reduced daylight hours during winter

**The Next Melbourne Trail Ride, Sept 11** Will explore the western side of Melbourne, starting from the very popular lunch spot of Southbank, a great location to return to. The route follows the magnificent cycle paths along the Maribyrnong River and up to Brimbank Park before returning to the City via Moonee Ponds Creek. Don’t miss the adventure!

**The Longwarry Ride, August 7,** has no coffee stop mid-way. Pack some extra food

**REPRESENT YOUR CLUB**

Just because the weather is cooler and the mornings are darker doesn’t mean the action on the bike needs to hibernate throughout winter. With one of the best years for Australian riders in the Italian Grand Tour, the Giro d’Italia, there is plenty of inspiration to stay out on the bike over the coming months.

Warragul is looking for Club representatives from all grades to race in the Gippsland Championships in Yinnar on Sunday, June 5th, and also in the Gippsland 3 Day Tour on June 11th, 12th and 13th. Ride with your yellow and blue teammates against neighbouring clubs Latrobe City, Leongatha and Bairnsdale Riviera. The State Teams Time Trial will be on Sunday July 24th, and is a great chance to work as a team against Clubs from all over Victoria. Men, Women, Masters and Junior categories available.

**WELCOME HOME KARAN**

Warragul CC rider and member of the female track team, Karan Courtney-Haag recently returned from her attempt at climbing Cho Oyu, one of the world’s tallest mountains. Her group was unable to summit but she is happy to be home safe making a full recovery from the event, and looks forward to getting back on the bike and we hope to see her out soon!

**NEW CALENDAR MIXES IT UP**

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**RIDE IT DAY IN MELBOURNE** (FROM PAGE 1)

Twenty three riders from the Ride-It group journeyed down to Melbourne on May 1st to negotiate the Capital City Trail Ride. Following the nasty weather in the early morning the potential for a wet backside was a real cause for concern. Fortunately, the weather forecast proved spot-on with the elements moderating and a fine and sunny day emerging. Eighteen of the group went down by mini bus accompanied by a trailer load of bicycles and met up with another five at a reserve in Glen Iris. Departing at 10.20am the group road down the Gardiner's Creek trail and then linked up with the Capital City trail which proceeded up the Yarra Valley, past Dights Falls, the Collingwood animal farm, Princes Park, the zoo and finally arriving at South Bank via Docklands at 12.45pm for lunch. After threading their way through the milling crowds along south bank the return trip to Glen Iris was via the north bank of the Yarra river alongside and underneath the South Eastern Freeway (no E-tag necessary). For those riders who had not ridden this trail before it was a real education to see our great city of Melbourne from such a completely different perspective. The day was a great success part of which was attributed to the volunteer driving of Wilf Tampaline and the donation of the bus hire by Drouin Cycles. The next Melbourne outing will be on September 11th from Southbank for an exploration of the Maribyrnong River and Moonee Ponds creek. See Page 4 for details.

**CALL FOR JUNIOR SUB-COMMITTEE**

The Club is seeking expressions of interest to form a Junior Sub-Committee. Your input will help the Club’s plan to attract 30 new junior riders this summer. Lawrence Maskill will head this new committee. Please email Justen at:

justr.corrson@education.monash.edu.au

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**THE REC SECTION..WHY RACE WHEN YOU CAN ‘RIDE IT’?**

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**HELL ON WHEELS**

Too cold to get the bike out? Have a night in by checking out the latest documentary on cycling, the German production Hell on Wheels based on the 2003 Tour de France. ‘This terrific documentary offers not only a fascinating insight into the Tour itself but also brings the viewer up close and personal with the individuals on the bikes; their pain, torture and fear, the tears of those who are out of the race, and the joy of those who have suffered, but fulfilled their biggest dream – to reach the finishing line of the world’s toughest race’. The doco is on limited release, but you can catch it at Cinema Nova in Carlton. Check out www.cinemanova.com.au for session details.

**RIDE IT GROUP CONTACTS**

- Chairperson Roy Hammond Ph 56 220919
  hammondrc@sympac.com.au
- Membership Coralie Tyrell Ph 56 268421
  ctyrell@dcsi.net.au
- Publicity Carolyn Turner Ph 56 261442
  editorial@warragul gazette.com.au
- Ride Program Craig Stuchbery Ph 56 223646
  craigandcindy@sympac.com.au
- WCC Liaison Monique Hanley Ph 0411 426 539
  monique.hanley@dse.vic.gov.au

www.warragulcyclingclub.org.au

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Skills Coaching Course

Interested in becoming a cycle coach? Warragul Cycling Club is offering to subsidise a number of placements at the upcoming CSV Cycle Skills Coaches Course in return for coaching support for our junior program.

Course details: June 26th (9am-6pm)
Venue: Darebin International Sports Centre, 281 Darebin Road Thornbury. Mel Ref 31A6
Enrolment closes June 10th
Please contact Justen if you are interested:
justen.oconnor@education.monash.edu.au

Volunteers Required for 2006 Commonwealth Games — Be Part of History!

Volunteers are required for cycling-specific events, including mountain bike, road and track races. Contact Karin Jones on 56268386 or ksj@dcsi.net.au

Important Changes to Marshall Duties

All racing members are required to contribute one race weekend to marshal duties in order for the club to meet the requirements stipulated by the Event Management Plan. Marshalling is an important part of racing and without it we cannot host events. Your contribution and cooperation is vital.

Given the difficulties with transporting the trailer to and from each race, from now on those who are marshalled on for the day must also arrange the transport of the trailer. All marshals must assist with setting up signage and packing up after the race has finished. The winter marshall roster is on page 4. It is up to you to contact the other marshals to determine who is able to pickup the trailer and return it afterwards. Contact details of other Marshalls will be forwarded to all those rostered.

Anyone who cannot fulfil their responsibilities will need to arrange a satisfactory replacement in advance. Failure to do so will lead to penalties being applied that may include suspension from racing until the obligation is met.

All marshals are expected to attend a pre-race briefing, wear a safety vest at all times and act in accordance with the practices and procedures outlined by Cycling Australia. It is the responsibility of the marshal to be informed as to the role of the marshal for that particular course and the club will do everything it can to assist individuals.

AGM: Thursday 14th of July from 7:30pm

Have your say in the future of the Warragul Cycling Club and join us at the Annual General Meeting. There are a number of positions to be filled for next year, and the Club cannot function without a strong committee supporting it. Many thanks to those who have filled these roles in 2004-05, including Club Secretary Karin Jones who has worked tirelessly to support the Club in many ways, particularly the Warragul Track Carnival. Karin has accepted a position with the 2006 Commonwealth Games organising the cycling events, and we wish her well with this exciting opportunity.

To give you an idea of the role, responsibilities and time commitments involved, position descriptions for all roles are available from Justen. Email him at justen.oconnor@education.monash.edu.au. Secretary details are included here:

Secretary

The Secretary is the chief administration officer of the Warragul Cycling Club (WCC). This person provides the coordinating link between members, the management committee and outside agencies. The secretary is directly responsible to the President of the WCC and the members.

The Secretary should:

- Prepare the agenda for club/group meetings in consultation with the Chairperson and take minutes
- Collect and collate reports from office bearers
- Read, reply and file correspondence promptly
- Collate and arrange for the printing of the annual report
- Maintain registers of members’ names and addresses, life members and sponsors
- Maintain files of legal documents such as constitutions, leases and titles
- Act as the public officer of your club/group liaising with members of the public, affiliated bodies and government agencies.
- With Associations - process transfer applications; enter teams in competitions; represent your club/group at Association meetings; obtain Association sanction for club/group events; communicate information between Association and club/group members, such as event deadlines.
- Other tasks: handle bookings and entries; supervise uniforms; respond to general duties as directed by the club/group committee.
- Is enthusiastic and dedicated to the club and its members.

Knowledge and Skills Required

Ideally the Secretary is someone who:
- Can communicate effectively
- Is well organised and can delegate tasks
- Can maintain confidentiality on relevant matters
- Has a good working knowledge of the constitution.

The estimated time commitment required as the Secretary of the WCC is 4-5 hours per week. The Secretary is appointed for a 1-2 year period.

Memo from CycleSport Victoria

Recently, the Board of Management for CycleSport Victoria issued two memos concerning eligibility for racing in Victoria. The changes will have an impact on Warragul cycling events and Warragul members. You can view both memos at:

The changes are as follows:

Club Racing: This racing requires that only members of that particular club are afforded the ability to ride in that event. CSV must receive a calendar of all club racing dates which will be sanctioned. Clubs must submit a report and results of that race within seven days of the event.

Combine Racing: When a particular club or combine committee wish to host a race where riders from multiple clubs are invited, they must apply to CSV in writing. The following conditions apply: Clubs seeking permission to promote a combine event must make written application to CSV at least 30 days prior to the event. The maximum number of clubs permitted to combine for the purpose of conducting a cycle race is ten affiliated clubs. Clubs are not permitted to host a combined event on the same day as a listed open, without obtaining approval from the Board of Management. A list of all entrants, results and report of the event is to be forwarded to the CSV office within seven days of the event.

Open Racing: When a promoter wishes to permit all riders holding an ACF licence to enter, they must apply to CSV in writing stipulating the date, venue and details. The following conditions apply: Clubs seeking permission to promote a cycle race must make written application to CSV at least 30 days prior to the event. CSV will deduct a percentage of all entry fees to cover the cost of officials and expenses incurred by the organisation.

Warragul has responded to the memo on the impacts to our racing (such as the loss of Latrobe and other riders at Warragul events) and on limiting racing opportunities for Warragul members outside of Warragul Club events. To view a copy of our response check out the WCC website.

Have Your Say: Write to WCC Club President at justen.oconnor@education.monash.edu.au or email the CycleSport Victoria Board of Management at vic.info@cycling.org.au.

www.warragulcyclingclub.org.au

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**Warragul Race and Ride It Fixture - Winter 2005**

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### June

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
<th>Event</th>
<th>Marshall/Ride Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 4th</td>
<td>2pm</td>
<td>Fishers Road</td>
<td>Scratch Race</td>
<td>P. Richards; B. Horskins; W. Chester</td>
</tr>
<tr>
<td>Sunday 5th</td>
<td>11am</td>
<td>Yinnar</td>
<td>Gippsland Road Champs</td>
<td></td>
</tr>
<tr>
<td>Saturday 11th, 12th and 13th</td>
<td></td>
<td>Saturday: Bairnsdale Sunday: Shady Creek Monday: Leongatha</td>
<td>3 Days of Gippsland Tour Volunteers needed for Sunday at Shady Creek—contact Phil on 56232398</td>
<td></td>
</tr>
<tr>
<td>Sunday 12th</td>
<td>9am</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Warragul Loops</td>
<td>Steve Jackson</td>
</tr>
<tr>
<td>Saturday 18th</td>
<td>1:30pm</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Warragul Loops</td>
<td>Michael Sterling</td>
</tr>
<tr>
<td>Saturday 18th</td>
<td>2pm</td>
<td>Shady Creek</td>
<td>Scratch Race</td>
<td>R. Hore; G. Gatt</td>
</tr>
<tr>
<td>Saturday 25th</td>
<td>2pm</td>
<td>Lillico</td>
<td>Scratch Race</td>
<td>S. Keeble; K. Courtney-Haag; N. Whitburn</td>
</tr>
<tr>
<td>Sunday 26th</td>
<td>9am</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Ellinbank &amp; Return</td>
<td>Craig Stuchbery</td>
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<tbody>
<tr>
<td>Saturday 2nd</td>
<td>2pm</td>
<td>Picnic Point</td>
<td>Yellow Jersey Fever <strong>Week One</strong> 1 x 3km prologue; 2 laps Fishers Rd</td>
<td>P. Rowse; T. Kelly; B. Miller; C. Brown</td>
</tr>
<tr>
<td>Saturday 9th</td>
<td>2pm</td>
<td>Shady Creek</td>
<td>Yellow Jersey Fever <strong>Week Two</strong> 3km KOM mass start; 2 laps Stuhrs</td>
<td>G. Donnelly; S. Cuckson</td>
</tr>
<tr>
<td>Sunday 10th</td>
<td>9am</td>
<td>Shady Creek Primary</td>
<td><strong>RideIt</strong> — Shady Creek to Yarragon</td>
<td>Roy Hammond</td>
</tr>
<tr>
<td>Thursday 14th</td>
<td></td>
<td>Warragul Clubrooms</td>
<td>Ride It Meeting; 6.00pm</td>
<td></td>
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<td></td>
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<td></td>
<td>Annual General Meeting; 7.30pm</td>
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<tr>
<td>Saturday 16th</td>
<td>2pm</td>
<td>Old Sale Road</td>
<td>Yellow Jersey Fever <strong>Week Three</strong> 1 lap time trial; 2 laps scratch race</td>
<td>P. Bailey; D. Bennett</td>
</tr>
<tr>
<td>Saturday 23rd</td>
<td>2pm</td>
<td>Fishers Road</td>
<td>Handicap Race</td>
<td>G. Pridmore; P. Kennedy; L. Maskill; S. Twining</td>
</tr>
<tr>
<td>Sunday 24th</td>
<td></td>
<td>Ballarat</td>
<td>Club Teams Time Trial</td>
<td>Craig Stuchbery</td>
</tr>
<tr>
<td>Sunday 24th</td>
<td>9am</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Warragul Loops</td>
<td>Carolyn Turner</td>
</tr>
<tr>
<td>Saturday 30th</td>
<td>1:30pm</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Darnum &amp; Return</td>
<td>Carolyn Turner</td>
</tr>
<tr>
<td>Saturday 30th</td>
<td>2pm</td>
<td>Lillico</td>
<td>Scratch Race</td>
<td>C. Hunt; S. Jackson; D. Axford</td>
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<tbody>
<tr>
<td>Saturday 6th</td>
<td>2pm</td>
<td>Picnic Point</td>
<td>Fishters Road Handicap Race</td>
<td>R. Bell; H. Korab; B. Serpell; C. Jones</td>
</tr>
<tr>
<td>Sunday 7th</td>
<td>9am</td>
<td>Longwarry (opp. pub)</td>
<td><strong>RideIt</strong> — Longwarry-Tynong</td>
<td>Coralie Tyrrell</td>
</tr>
<tr>
<td>Saturday 13th</td>
<td>2pm</td>
<td>Shady Creek</td>
<td>Scratch Race</td>
<td>P. Yeatman; P. Finlayson</td>
</tr>
<tr>
<td>Sunday 14th</td>
<td>9am</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Darnum &amp; Return</td>
<td>Craig Stuchbery</td>
</tr>
<tr>
<td>Saturday 20th</td>
<td>1:30pm</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Drouin &amp; Return</td>
<td>Craig Stuchbery</td>
</tr>
<tr>
<td>Saturday 20th</td>
<td>2pm</td>
<td>Picnic Point</td>
<td>Fishers Road Scratch Race</td>
<td>A. Hauxwell; J. Hilder; N. Mason; T. Lee</td>
</tr>
<tr>
<td>Saturday 27th</td>
<td>2pm</td>
<td>Shady Creek</td>
<td>Scratch Race</td>
<td>D. Weir; J. Kruger</td>
</tr>
<tr>
<td>Sunday 28th</td>
<td>9am</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Drouin &amp; Return</td>
<td>Michael Sterling</td>
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<tbody>
<tr>
<td>Saturday 3rd</td>
<td>2pm</td>
<td>Shady Creek</td>
<td>Scratch Race</td>
<td>G. Gatt; B. Rollinson</td>
</tr>
<tr>
<td>Saturday 10th</td>
<td>2pm</td>
<td>Lillico</td>
<td>Handicap Race</td>
<td>L. Hanley; M. Malacarne; S. Hall</td>
</tr>
<tr>
<td>Sunday 11th</td>
<td>8am</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Melbourne Trails</td>
<td>Bruce Hoskins</td>
</tr>
<tr>
<td>Saturday 17th</td>
<td>1:30pm</td>
<td>Warragul Velodrome</td>
<td><strong>RideIt</strong> — Warragul Loops</td>
<td>Roy Hammond</td>
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<tr>
<td>Saturday 17th</td>
<td>2pm</td>
<td>Picnic Point</td>
<td>Fishers Road Scratch Race</td>
<td>R. Monk; S. Sandner; D. Bailie; S. Evans</td>
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<td>S. Keeble; W. Chester; N. Whitburn</td>
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<td><strong>RideIt</strong> — Ellinbank &amp; Return</td>
<td>Coralie Tyrrell</td>
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**n.b. please check www.warragulcyclingclub.org.au for any changes**

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Volunteers needed for Sunday at Shady Creek—contact Phil on 56232398

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Marshall/Ride Coordinator:

- P. Rowse; T. Kelly; B. Miller; C. Brown
- G. Donnelly; S. Cuckson
- C. Hunt; S. Jackson; D. Axford
- R. Bell; H. Korab; B. Serpell; C. Jones
- A. Hauxwell; J. Hilder; N. Mason; T. Lee
- D. Weir; J. Kruger
- A. Hauxwell; J. Hilder; N. Mason; T. Lee
- Michael Sterling
- Coralie Tyrrell
- S. Keeble; W. Chester; N. Whitburn
- Coralie Tyrrell

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