Reynolds number effects in pipe flow turbulence of generalized Newtonian fluids

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(Received 15 May 2018; published 28 September 2018)

The turbulent pipe flow of inelastic shear-thinning fluids has many practical applications; however, there is a deficit in understanding of how shear-thinning rheology modifies turbulence structure in the near-wall boundary layer (affecting shear stress and pressure drop) and in the core (affecting mixing). While previous direct numerical simulation studies have examined the effect of shear-thinning rheology at low Reynolds number ($Re_{\tau, \text{max}} = 323$), the way in which these effects vary with $Re_{\tau}$ was unknown. In particular, from earlier work it was unclear if inner-scaled mean axial velocity profiles for Newtonian and shear-thinning fluids could collapse to a common curve with increasing Reynolds number. Via direct numerical simulations of Newtonian and one shear-thinning rheology for friction Reynolds number $Re_{\tau} = 323–750$ ($Re_G = 10 000–28 000$), the present study investigates how increasing Reynolds number modifies turbulent pipe flow of a power-law fluid with particular focus on the boundary layer profiles. The results show that the inner-scaled mean axial velocity profiles for Newtonian and shear-thinning fluids cannot collapse to a common curve with increasing Reynolds number, which is consistent with predictions from the Dodge-Metzner correlation [Dodge and Metzner, Turbulent flow of non-Newtonian systems, AIChE J. 5, 189 (1959)]. In inner-scaled coordinates, mean viscosity profiles are shown to become independent of Reynolds number except close to the pipe center. The contribution of viscosity fluctuations in the mean shear budget and in the mean flow and turbulence kinetic energy budget remains small at all $Re$. Both increasing Reynolds number and shear thinning influence the turbulence kinetic energy budget near the wall; however, the region where shear thinning is important is much wider than the region where increasing Reynolds number influences the results. The persistence of shear-thinning effects on turbulence modification in pipe flow requires consideration in the development of suitable turbulence models for such fluids. The current results suggest that the effect of shear-thinning rheology in turbulence models can be captured via a Reynolds-number-independent mean viscosity model in the inner region.

DOI: 10.1103/PhysRevFluids.3.094607

I. INTRODUCTION

Many fluids in industry and nature exhibit a nonuniform viscosity which can depend on several parameters such as shear rate, shear history, and fluid viscoelasticity. These fluids are called non-Newtonian fluids. Generalized Newtonian (GN) fluids are a subclass of non-Newtonian fluids for which the shear stress tensor $\tau$ can be written as

$$\tau = \rho v(\dot{\gamma})s.$$  (1)
Here the shear rate $\dot{\gamma} = (2s:T)^{1/2}$ is the second invariant of the strain rate tensor $s = [(\nabla v + (\nabla v)^T)/2]$, where $T$ represents the matrix transpose, $v$ is the velocity, $\rho$ is the fluid density, and $\nu$ is the fluid kinematic viscosity (also called the effective viscosity). The GN assumption asserts an instantaneous response of the fluid to the applied shear stress. Generalized Newtonian fluids can be shear thinning or shear thickening, depending on whether their viscosity decreases or increases with increasing shear rate. Modern paints, mining slurries, tomato ketchup, and human blood are examples of GN fluids [1].

Viscosity of GN fluids is often expressed via a mathematical equation called a rheology model which defines the function $\nu(\dot{\gamma})$. The power-law (PL) rheology model is one such rheology model which is widely used for shear-thinning GN fluids (hereafter referred to as shear-thinning fluids). It defines the fluid kinematic viscosity as

$$\nu = \rho^{-1} K \dot{\gamma}^{n-1}, \quad (2)$$

where the fluid consistency $K$ and flow index $n$ are constants. For $0 < n < 1$, the PL rheology model gives shear-thinning behavior and for $n = 1$ it reduces to a Newtonian rheology (uniform viscosity). We note that the PL rheology model is one of the many rheology models available for GN fluids; however, if an appropriate range of shear rate is covered in rheology characterization, the choice of the rheology model does not significantly affect the turbulent flow predictions [2]. Although the PL rheology model shows unrealistic viscosities at shear rates close to zero, it is not a concern for turbulent flow simulations where viscosity at such low shear rates are irrelevant [2].

Turbulent pipe flow of GN fluids has gained much attention due to its industrial relevance. Experimental studies, however, have focused mainly on devising a correlation for the turbulent Fanning friction factor $f = 2\tau_w/\rho U_b^2$, where $\tau_w = (D/4)\partial P/\partial z$ is the mean wall shear stress, $\partial P/\partial z$ is the mean axial pressure gradient, $D$ is the pipe diameter, and $U_b$ is the bulk velocity (flow rate per unit area). One such early study is by Metzner and Reed [3]. The nonuniform viscosity of GN fluids makes the choice of viscosity scale in the conventional Reynolds number definition $Re = U_bD/\nu$ ambiguous. By collapsing the laminar friction factor curve of PL and Newtonian fluids, Metzner and Reed proposed the definition

$$Re_{MR} = \frac{8\rho U_b^{2-n} D^n}{K(6 + 2/n)^n}, \quad (3)$$

which is now called the Metzner-Reed Reynolds number. For a Newtonian fluid ($n = 1$) $Re_{MR}$ reduces to $Re$. Metzner and Reed reported a decrease in the turbulent friction factor for a fixed $Re_{MR}$ and a delay in the transition to turbulence to a higher $Re_{MR}$ with shear thinning. The friction factor measurements in laminar flows agreed well with the theoretical curve $f = 16/Re_{MR}$. In contrast, their turbulent flow measurements were scattered, which they suggested was due to the lack of fully developed turbulence at those Reynolds numbers. Metzner and Reed also proposed a turbulent friction factor correlation; however, the constants in the correlation were determined empirically, using only three to four data points, which made the correlation unreliable. Since Metzner and Reed several other turbulent friction factor correlations have been proposed for GN fluids [4]; however for PL fluids, the Dodge-Metzner correlation [5], which is given as

$$1/\sqrt{f} = \frac{4.0}{(n)^{0.75}} \log_{10}[Re_{MR}(f)^{1-n/2}] - \frac{0.4}{(n)^{1.0}}, \quad (4)$$

has been found to agree the best with experimental measurements [6].

It is worthwhile mentioning here that the Metzner-Reed Reynolds number is not the only Reynolds number definition available for GN fluids. An alternate definition, called the generalized Reynolds number $Re_G$, defined as

$$Re_G = U_bD/v_w, \quad (5)$$

094607-2
is also widely used [7–11] for GN fluids. This Reynolds number definition uses the nominal wall viscosity \( \nu_w \) for the viscosity scale as proposed by Bogue and Metzner [7]. The nominal wall viscosity \( \nu_w \) is the fluid viscosity at the wall shear rate in a laminar pipe flow and for PL fluids it is given as

\[
\nu_w = \rho^{-1} K^{1/n} \tau_w^{1-1/n}.
\]  

(6)

The nominal viscosity \( \nu_w \) should not be confused with the mean wall viscosity \( \bar{\nu}_w \), which is obtained \textit{a posteriori} in simulations as a time-averaged quantity. It is almost impossible to determine \( \bar{\nu}_w \) experimentally due to difficulties involved in accurately resolving the wall velocity gradients in experiments. In contrast, the nominal wall viscosity \( \nu_w \) can be easily determined in experiments from the measurements of the mean axial pressure gradient and rheology. For turbulent pipe flow of shear-thinning fluids, Singh \textit{et al.} [8] showed via numerical simulation that \( \bar{\nu}_w \) was only slightly higher (\( \approx 2\% \)) than \( \nu_w \) at \( \text{Re}_G \approx 11\,000 \).

As mentioned earlier, most experimental studies of turbulent pipe flow of GN fluids were focused on the friction factor measurements and lacked statistical data of velocity fluctuations and Reynolds shear stresses. The study of Park \textit{et al.} [12] reported such measurements, however only for weakly turbulent flows (\( \text{Re}_G \leq 3500 \)). They recorded an increase in the axial velocity fluctuations and decrease in the tangential velocity fluctuations with shear thinning. Similar findings were reported by Pinho and Whitelaw [13] for a much higher Reynolds number \( \text{Re}_G \approx 111\,000 \). However, the fluids Pinho and Whitelaw used (carboxymethyl cellulose solutions) are known to exhibit some viscoelasticity [5] and therefore were not pure GN fluids.

Direct numerical simulation (DNS) is a powerful tool to investigate turbulent flows. Direct numerical simulation captures all dynamically relevant length scales and once validated can be reliably used to obtain a detailed picture of the flow. Direct numerical simulation of Newtonian fluids does not require any empirical correlation or model; however, in the case of GN fluids, it relies on the rheology model \( \nu(\dot{\gamma}) \) for estimating viscosity. Since the rheology model and its parameters are determined via regression from the experimental data, any error introduced in the rheology characterization can significantly affect the accuracy of the DNS predictions for GN fluids. Recently, we showed that the high-shear-rate data are the most important factor to get good agreement between DNS and experiments [2]. In contrast, the errors introduced in the rheology characterization at low shear rates such as those found near the pipe center had no noticeable effect on the DNS predictions.

Direct numerical simulation has been successfully used to investigate the effect of GN rheology on turbulent flow [2,8–11,14]. Similar to experiments [12,13], DNS has also shown increased turbulent anisotropy in the flow with shear thinning [8,9,11], which is hypothesized to be a result of reduced turbulent energy transfer from the axial component to the transverse ones [11]. Axial velocity streaks which are the imprints of axial vortical structures have been found to run longer and become wider with shear thinning [8,9]. We recently analyzed the mean flow and turbulent kinetic energy budgets in pipe flow for PL fluids at a fixed Reynolds number of \( \text{Re}_G \approx 11\,000 \) and found the shear-thinning effect on the energy budgets to be confined mostly near the wall [8]. We confirmed these findings in a separate study [15] where we compared the results of PL and modified PL rheology models (PL rheology near the wall and a Newtonian rheology away from the wall). Modifying the PL rheology model away from the wall did not affect the profiles of mean axial velocity and Reynolds shear stresses.

With increasing Reynolds number, the viscous region in a turbulent pipe flow becomes smaller (in outer units) and thus inertial effects become more dominant compared to viscous effects. Therefore, one might expect the effect of shear-thinning rheology on turbulence statistics to disappear at large Reynolds number. However, by analyzing the DNS of turbulent pipe flow of Newtonian and PL fluids for \( 10,000 < \text{Re}_G < 28,000 \), the current study shows that this is not true. The results show noticeable shear-thinning effects on the turbulence statistics in the Reynolds number range considered here with no evidence that these effects will disappear ever for very high Reynolds numbers. The mean axial velocity profiles of PL fluids become Reynolds number invariant in the inner layer and converge to a profile with a larger shift compared to the Newtonian log-law
profile. In addition to these results, the statistics of mean flow and turbulent kinetic energy budgets are presented, which will be useful for the development and validation of Reynolds-averaged Navier-Stokes (RANS) and large-eddy simulation (LES) models for GN fluids.

II. METHODOLOGY

A. Numerical method and nondimensional variables

The numerical method used here is identical to that used in our earlier studies [8–10]. Here we briefly review the simulation methodology. For an incompressible fluid with a spatially varying viscosity, the conservation of mass and momentum equations can be written as

\[ \frac{\partial \mathbf{v}}{\partial t} + \mathbf{v} \cdot \nabla \mathbf{v} = \rho^{-1} \left( -\nabla p + \nabla \cdot \mathbf{\tau} + \rho \mathbf{g} \right) \quad \text{for} \quad \nabla \cdot \mathbf{v} = 0, \]  

(7)

where \( \mathbf{v} \) is the velocity vector, \( p \) is the static pressure, \( \mathbf{\tau} \) is the stress tensor, and \( \rho \mathbf{g} \) is body force. In the simulations, there is no mean axial pressure gradient and the flow is driven by the body force. For ease of notation, we divide \( p, \mathbf{\tau}, \) and \( \rho \mathbf{g} \) in Eq. (7) by the constant fluid density \( \rho \), but refer to them as pressure, stress, and body force, respectively. These governing equations are solved using a nodal spectral element Fourier DNS code. The modified shear stress tensor \( \tau/\rho \) is modeled via the GN assumption (1) and the fluid viscosity \( \nu(\dot{\gamma}) \) is modeled via the PL rheology model (2). Note that the PL rheology model gives an infinite viscosity at zero shear rate; however, shear rates close to zero are unlikely to occur under turbulent flow conditions. Therefore, the infinite viscosity of the PL rheology model at zero shear rate is not an issue for modeling turbulent flow of shear-thinning fluids and can be avoided safely by techniques such as using a biviscosity model [16].

The governing equations are solved in Cartesian coordinates where the pipe cross section (x-y plane) is discretized using spectral elements as shown in Fig. 1, while Fourier expansion is used in the axial (z) direction, which is thus periodic. Results are later transformed for presentation in cylindrical coordinates with subscripts \( r \) and \( \theta \) representing the quantities in the radial and the azimuthal directions. For more details of the simulation code we refer the reader to [9,10,17].

For much of the analysis presented here, the results are expressed in wall units using friction velocity \( u^* = (\tau_w/\rho)^{1/2} \) for the velocity scale, \( v_w \) for the viscosity scale, and \( \nu_w/u^* \) for the length scale. Thus, the nondimensional distance from the wall is given as \( y^+ = (R-r)/(\nu_w/u^*) \), where \( r \) is the radial distance from the pipe center and \( R \) is the pipe radius. The nondimensional mean axial velocity and mean viscosity are expressed as \( U_z^+ = U_z/u^* \) and \( \nu^+ = \bar{\nu}/\nu_w \). Turbulence intensities are expressed in wall units as \( u_i^+ = (u_i^2)^{1/2}/u^* \). Shear rate is normalized by \( \nu^*/\nu_w \), stress terms by \( \rho u^2 \), and the energy budget terms by (\( u^* \)) \( 2/\nu_w \). Therefore, using the scaling, the \( y^+ \) definition is also referred to as the distance from the wall in inner coordinates since the distance is scaled by viscous units. In outer coordinates, the nondimensional distance from the wall is expressed as \( y/R \).

B. Simulation parameters

Simulations are run for flow indices \( n = 0.6 \) and \( n = 1.0 \) (Newtonian). For PL fluid, the flow index \( n = 0.6 \) is chosen here because of its prevalence in industrial fluids. Newtonian simulations are run so that a direct comparison between Newtonian and shear-thinning fluids could be made. Because bulk velocity \( U_b \) is a predicted or measured quantity, the bulk-velocity-dependent Reynolds numbers \( Re_{MR} \) or \( Re_G \) cannot be determined a priori. Therefore, we define a friction Reynolds number as

\[ Re_f = u^* R/\nu_w. \]  

(8)

This definition of \( Re_f \) is consistent with the Newtonian definition with \( \nu_w \) used for the viscosity scale. An advantage of this definition is that for a given mean wall shear stress \( \tau_w \), i.e., body force and rheology, \( Re_f \) can be calculated a priori and can be fixed in simulations with predefined rheologies.

Simulations were run for three friction Reynolds numbers \( Re_f = 323, 500, \) and \( 750 \), the parameters for which are supplied in Table I. The nondimensional body force \( gR/u^2 = 2 \) and the
FIG. 1. Detail of spectral element meshes used to discretize the pipe cross section. The mesh in (a) has 300 spectral elements with 11th-order element interpolation functions and was used for $\text{Re}_τ = 323$. The mesh in (b) has 1188 spectral elements and was used for $\text{Re}_τ = 500$ with an eighth-order interpolation function; for $\text{Re}_τ = 750$, tenth-order interpolation functions were used. In each panel, spectral element boundaries are shown on the left and collocation points on the right.

nominal wall viscosity $ν_w = 1/\text{Re}_τ$ are set in simulations. It is important to note the implications of fixing $\text{Re}_τ$ for $\text{Re}_{\text{MR}}$ and $\text{Re}_G$. The friction Reynolds number $\text{Re}_τ$ is related to $\text{Re}_G$ and $\text{Re}_{\text{MR}}$ via the friction factor $f$ as

$$\text{Re}_G = \frac{\text{Re}_τ}{(f/8)^{1/2}},$$

$$\text{Re}_{\text{MR}} = \frac{\text{Re}_τ^{2^{4-n/2}}}{[3 + 1/n]^n f^{1-n/2}}. \quad (9)$$

Due to drag reduction produced by shear thinning (lower $f$), slightly higher values of $\text{Re}_G$ are expected for PL fluid compared to Newtonian fluid for a fixed $\text{Re}_τ$ (Table I). The relationship between $\text{Re}_τ$ and $\text{Re}_{\text{MR}}$ is complex. Table I shows the lower fluid consistency $K$ and Metzner-Reed Reynolds number $\text{Re}_{\text{MR}}$ for PL fluid compared to Newtonian fluid and only at $\text{Re}_τ = 750$ is
TABLE I. Simulation parameters for Newtonian and PL \((n = 0.6)\) liquids for different \(Re_\tau\). The nondimensional body force \(gR/u^*\) is 2 and the nominal wall viscosity is \(1/Re_\tau\).

<table>
<thead>
<tr>
<th>(Re_\tau)</th>
<th>(n)</th>
<th>(K/\rho u^*)</th>
<th>(Re_G)</th>
<th>(Re_{MR})</th>
<th>(U_b/u^*)</th>
<th>(f_N/f_{NN})</th>
</tr>
</thead>
<tbody>
<tr>
<td>323</td>
<td>1.0</td>
<td>3.0870 × 10^{-3}</td>
<td>10 322</td>
<td>10 322</td>
<td>15.93</td>
<td></td>
</tr>
<tr>
<td>323</td>
<td>0.6</td>
<td>31.181 × 10^{-3}</td>
<td>11 189</td>
<td>5498</td>
<td>17.28</td>
<td>1.176</td>
</tr>
<tr>
<td>500</td>
<td>1.0</td>
<td>1.9996 × 10^{-3}</td>
<td>17 260</td>
<td>17 260</td>
<td>17.04</td>
<td></td>
</tr>
<tr>
<td>500</td>
<td>0.6</td>
<td>24.0201 × 10^{-3}</td>
<td>18 471</td>
<td>7836</td>
<td>18.47</td>
<td>1.174</td>
</tr>
<tr>
<td>750</td>
<td>1.0</td>
<td>1.3333 × 10^{-3}</td>
<td>27 000</td>
<td>27 000</td>
<td>18.04</td>
<td></td>
</tr>
<tr>
<td>750</td>
<td>0.6</td>
<td>18.8348 × 10^{-3}</td>
<td>28 600</td>
<td>10 450</td>
<td>19.47</td>
<td>1.165</td>
</tr>
</tbody>
</table>

\(Re_{MR}\) for PL fluid close to the Newtonian value at \(Re_\tau = 323\) (10 450 vs 10 322). However, as will be seen later in Figs. 6(a) and 7(c), these two flows (for \(n = 1.0\) and \(Re_\tau = 323\) and for \(n = 0.6\) and \(Re_\tau = 750\)) differ from each other. This suggests that \(Re_{MR}\) may not be appropriate for characterizing turbulent pipe flow of different \(n\). The normalized bulk velocity \(U_b/u^*\) is higher for the PL fluid than Newtonian fluid, which is due to the turbulent drag reduction by shear thinning [8]. The ratio of Newtonian and non-Newtonian friction factors slightly decreases with increasing \(Re_\tau\); this is further discussed in Sec. III B 2 along with the results of the friction factor.

The viscosity rheograms are plotted in wall units on lin-lin and log-log axes in Fig. 2. These plots are only dependent on the fluid rheology, not the flow regime, and therefore are identical for different

FIG. 2. Viscosity rheograms plotted for Newtonian and PL fluids on (a) lin-lin and (b) log-log axes.
Reynolds number effects in pipe flow …

FIG. 3. Two-point correlation coefficient of axial velocity fluctuations plotted as a function of separation distance $\Delta z / D$ at (a) $r / D = 0.35$ and (b) $r / D = 0.48$.

As set, both PL and Newtonian fluids show the same viscosity at the nominal shear rate $\dot{\gamma} = \dot{\gamma}_w$ ($\dot{\gamma}^+ = 1$). Near the wall where shear rates $\dot{\gamma}^+ > 1$ are common [2] PL fluid shows smaller viscosity than Newtonian fluid. However, the PL fluid viscosity is higher than the Newtonian fluid away from the wall ($\dot{\gamma}^+ < 1$).

C. Details of mesh, domain, and time averaging

A mesh and domain independence study carried out for $\text{Re}_\tau = 323$ in Ref. [8] showed that a mesh which is well resolved for Newtonian fluid is typically adequate for shear-thinning fluids at similar $\text{Re}_\tau$. However, a slightly longer domain is required for shear-thinning fluids compared to Newtonian ones. A domain length of $L_z \approx 12D$ is chosen here for $\text{Re}_\tau = 323$, which is supported by a domain-independence study [8] and is slightly reduced to $L_z \approx 10D$ for higher $\text{Re}_\tau$. This corresponds to a pipe length of approximately 7700 wall units at $\text{Re}_\tau = 323$ and 15 000 wall units at $\text{Re}_\tau = 750$. These values are similar to those suggested as satisfactory domain lengths for Newtonian fluids [18]. The adequacy of the domain lengths considered is also checked via the two-point correlation of the axial velocity fluctuations

$$\rho_{u_z' u_z'}(\Delta z) = \langle u_z'(r, \theta, z, t) u_z'(r, \theta, z + \Delta z, t) \rangle / \langle u_z'(r, \theta, z)^2 \rangle.$$  \hspace{1cm} (10)

As can be seen in Fig. 3, $\rho_{u_z' u_z'}$ decays to zero in each fluid for all $\text{Re}_\tau$ considered, which is evidence of adequacy of domain lengths in the current simulations.

The mesh resolutions and time step are given in Table II for different $\text{Re}_\tau$. We used a mesh resolution and time step suggested by our assessment at $\text{Re}_\tau = 323$ [19] and followed typical Newtonian values [18,20,21] at higher $\text{Re}_\tau$. The mesh at $\text{Re}_\tau = 323$ had 300 spectral elements.
TABLE II. Mesh spacing and time step size in wall units used in pipe flow simulations at different Re.$\tau$

<table>
<thead>
<tr>
<th>Re.$\tau$</th>
<th>$\Delta y^+$</th>
<th>$\Delta r\theta^+$</th>
<th>$\Delta z^+$</th>
<th>$\Delta t/(u_w/u^*2)$</th>
</tr>
</thead>
<tbody>
<tr>
<td>323</td>
<td>0.8–4.0</td>
<td>5–6</td>
<td>21</td>
<td>0.035</td>
</tr>
<tr>
<td>500</td>
<td>0.8–4.0</td>
<td>5–6</td>
<td>12</td>
<td>0.023</td>
</tr>
<tr>
<td>750</td>
<td>0.8–4.0</td>
<td>5–6</td>
<td>12</td>
<td>0.021</td>
</tr>
</tbody>
</table>

of 11th-order tensor-product shape functions ($N_p = 11$) and 384 axial data planes ($N_z = 384$). The number of spectral elements was increased to 1188 for higher Re.$\tau$ and $N_p$ and $N_z$ were increased from 9 and 864 at Re.$\tau = 500$ to 11 and 1296, respectively, at Re.$\tau = 750$. The sum of the turbulent kinetic energy budget terms [see Eq. (A2)] is almost zero in all simulations (not shown here), which suggests the adequacy of current mesh resolutions. The cross-sectional view of the meshes is shown in Fig. 1.

Simulations were run until the calculated instantaneous wall shear stress and bulk velocity reached a statistically steady-state value before collecting averages. The time-averaged statistics were then collected for approximately 12–15 transit times of the domain.

D. Comparison with the published data

To validate the numerical method, the current DNS results of Newtonian fluids are compared with those available in the literature in Figs. 4 and 5. Note that our previous study [8] compared

![Graphs showing comparisons with experimental and DNS results](image_url)
REYNOLDS NUMBER EFFECTS IN PIPE FLOW …

FIG. 5. Inner-scaled statistical profiles from DNS of Newtonian fluid at Re\_\tau = 500 (solid line), compared to DNS results of El Khoury et al. [20] (closed circles, Re\_\tau = 550) and Chin [23] (open squares, Re\_\tau = 500): (a) mean axial velocity, (b) rms of axial and radial velocity fluctuations, (c) Reynolds shear stress and azimuthal velocity fluctuations, and (d) turbulent kinetic energy budget.

DNS results at Re\_\tau = 323 only with the experimental results of den Toonder and Nieuwstadt [22]; in the present study, DNS results of Newtonian fluids available in the literature at similar Reynolds number [20,23] are also included in the comparison. The current DNS results at Re\_\tau = 323 agree well with the experimental results of den Toonder and Nieuwstadt [22] at Re\_\tau = 314 except very close to the wall where some of the experimental results are acknowledged to be unreliable. There is good agreement between the current results and the DNS results of Chin [23] at Re\_\tau = 500. The current results of mean axial velocity and the turbulent kinetic energy budgets (see Appendix A for the equation and the definition of different terms) are in good agreement with those of El Khoury et al. [20]. A small deviation seen for velocity fluctuations and Reynolds stress is due to slightly higher values of Re\_\tau in Ref. [20] compared to the current values (360 vs 323 and 550 vs 500).

III. RESULTS AND DISCUSSION

A. Instantaneous flow

The effect of Reynolds number on the instantaneous flow structures is shown in Fig. 6 for Newtonian fluid and in Fig. 7 for the shear-thinning fluid using contours of instantaneous axial velocity \(u_+^+\) plotted in inner coordinates on a wrapped cylindrical surface at \(y^+ = 10\) and in outer coordinates at a cross section. Turbulence structures become wider and slightly longer with increasing Re\_\tau for each fluid. However, in outer scaling, the near-wall structures are finer for higher Re\_\tau, as expected. With shear thinning, the near-wall turbulence structures become longer and wider, which highlights the presence of larger eddies and a narrower range of turbulent eddy sizes in shear-thinning fluid compared to Newtonian fluid. Unlike Newtonian fluids, wider and coarser turbulent structures in shear-thinning fluid are associated with higher turbulent kinetic energy which is a result of increased axial fluctuations [8].

094607-9
FIG. 6. Contours of inner-scaled instantaneous axial velocity $u^+_{i}$ plotted in (a)–(c) inner coordinates on a developed cylindrical surface $z^+ - r\theta^+$ at $y^+ = 10$ and (d)–(f) outer coordinates on a cross section for a Newtonian fluid at (from top to bottom) $Re_\tau = 323, 500, \text{ and } 750$. For (a)–(c), the flow is from left to right and the region is 7000 wall units long and 1600 wall units wide. The contour levels vary from blue to red with the values 8–20.

The velocity integral length scale is a measure of the characteristic correlation distance between the velocity fluctuations in the flow field and can be used to quantify the information in Figs. 6 and 7 (see Fig. 8). Here the streamwise integral velocity scale $l_i^+$ and the azimuthal integral velocity scale $l_\theta^+$.

FIG. 7. Contours of inner-scaled instantaneous axial velocity $u^+_{i}$ plotted in (a)–(c) inner coordinates on a developed cylindrical surface $z^+ - r\theta^+$ at $y^+ = 10$ and (d)–(f) outer coordinates on a cross section for PL fluid at (from top to bottom) $Re_\tau = 323, 500, \text{ and } 750$. For (a)–(c), the flow is from left to right and the region is 7000 wall units long and 1600 wall units wide. The contours levels vary from blue to red with the values 8–20.
FIG. 8. (a) Streamwise and (b) azimuthal integral length scales of axial velocity fluctuations plotted as a function of $y^+$. 

$l_{z\#}^+$ and $l_{r\theta}^+$ are calculated by integrating the corresponding two-point correlations functions as

$$l_z^+(y^+) = \int \frac{\langle u_z'(y^+, \theta, z^+, t)u_z'(y^+, \theta, z^+ + \Delta z^+, t)\rangle}{\langle u_z'(y^+, \theta, z^+)^2 \rangle} d(\Delta z^+),$$

$$l_{r\theta}^+(y^+) = \int \frac{\langle u_z'(y^+, \theta, z^+, t)u_z'(y^+ + \Delta \theta, z^+, t)\rangle}{\langle u_z'(y^+, \theta, z^+)^2 \rangle} d(\Delta \theta^+),$$

where $\langle \rangle$ represents the spatial averaging in the azimuthal direction for $l_{z\#}^+$ and in the streamwise direction for $l_{r\theta}^+$. The integration is done to the point where the integrand functions first cross zero. Further, $l_z^+$ and $l_{r\theta}^+$ are time averaged for approximately 30–50 time snapshots collected over a period of 30–50 time units. As seen in Fig. 8 both the streamwise and azimuthal integral length scales $l_z^+$ and $l_{r\theta}^+$ increase with increasing Re$_\tau$ for each fluid, which is consistent with Figs. 6 and 7. As expected, shear-thinning fluids show larger $l_z^+$ and $l_{r\theta}^+$ than Newtonian fluid at all Re$_\tau$.

B. First-order turbulence statistics

1. Mean axial velocity and viscosity

Inner-scaled profiles of the mean axial velocity $U_z^+$ and its gradient $\partial U_z^+/\partial y^+$ are presented in Fig. 9. For Newtonian fluids, it is common to subdivide the flow region into a viscous sublayer ($y^+ < 5$), a buffer layer ($5 < y^+ < 30$), a log-layer ($30 < y^+ < 200$), and core region ($y^+ > 200$) [24]. Additionally, the flow is divided into an inner layer ($y/R < 0.1$) and an outer layer ($y^+ > 50$) and there is an overlap region ($y^+ > 50$, $y/R < 0.1$). Although this kind of delineation is not obvious for GN fluids [8], we use the same subdivision here for ease of discussion. The mean axial velocity profiles are almost independent of Re$_\tau$ in the viscous sublayer for each fluid and outside
the viscous sublayer the $U_z^+$ profiles deviate below with increasing $Re_\tau$. The mean axial velocity $U_z^+$ is larger for the PL fluid, which leads to a larger bulk velocity $U_b^+$ compared to Newtonian fluid (Table I). The effect of $Re_\tau$ on $U_z^+$ profiles decreases at larger $Re_\tau$ and it seems unlikely that the inner-scaled $U_z^+$ profiles of two fluids will ever collapse with increasing $Re_\tau$. The $U_z^+$ profiles of each fluid are expected to become $Re_\tau$ independent with further increasing $Re_\tau$, which suggests the possibility of defining a different nondimensionalization to collapse the non-Newtonian and Newtonian profiles; however, we are not aware of any such theoretical analysis for GN fluids.

An examination of mean axial velocity profiles via their gradients shows that the slope of the mean axial velocity is also independent of the Reynolds number for both fluids [Fig. 9(b)]. Shear thinning increases the mean axial velocity gradient above unity in the viscous sublayer, which is a result of nonzero turbulent viscous stress there, as explained in Ref. [8].

From Fig. 9, the mean axial velocity appears to approximately follow a log-law profile $A \ln y^+ + B$ in the overlap layer for both fluids with similar slope $A$. This is further investigated via the log-law indicator function $\Xi = y^+ \partial U_z^+ / \partial y^+$ that is constant where the $U_z^+$ profiles follow a log-law (log-region). Figure 10(a) shows that for both fluids, the mean axial velocity profiles follow a log-law scaling only in a narrow range of $y^+$ which widens with increasing $Re_\tau$. This is consistent with the findings of Chin et al. [21,25] and Zagarola et al. [26] for Newtonian fluids. The plateau in the $\Xi$ profile is usually taken as the slope parameter $A$ in the log-law [21]. As can be seen in Fig. 10(a), the slope parameter $A$ slightly decreases with increasing $Re_\tau$ for both fluids and slightly increases with shear thinning ($A = 2.52$ for PL fluid vs $2.41$ for Newtonian fluid at $Re_\tau = 750$). The location where the plateau in $\Xi$ is reached shifts away from the wall with shear thinning.

Although a log-law scaling is commonly assumed, at the present Reynolds numbers, a log-law correlation is not convincing. Therefore, we have alternately considered a power-law scaling.
\[ U_+^z = C y_+^\Gamma, \] where \( C \) and \( \Gamma \) are constants. It is worth noting that theoretically a power-law scaling is obtained in general and a log-law scaling is obtained asymptotically for an infinite Reynolds number \[27\]. However, the existence of both scalings has been suggested, but in different ranges of \( y_+ \)\[28\]. The validity of a power-law scaling for the current results is checked via its indicator function \( \Gamma = (y_+/U_+^z)\partial U_+^z/\partial y_+ \) plotted in Fig. 10(b). The figure shows that the mean axial velocity profiles approximately follow a power-law scaling over a somewhat wider range of \( y_+ \) than a log-law scaling. Therefore, a power-law correlation is perhaps slightly better than a log-law at the Reynolds number considered here. The power-law coefficient \( \Gamma \) is almost independent of \( \text{Re}_t \) and slightly decreases with shear thinning (\( \Gamma = 0.15 \) for Newtonian vs 0.14 for PL fluid).

In turbulent boundary layer flows of Newtonian fluids, the velocity defect \( U_{z,\text{cl}} - U_z \), where \( U_{z,\text{cl}} \) is the mean centerline velocity, becomes independent of the viscosity in the outer layer \[24\], which is also seen here in Fig. 11. Velocity defect profiles of Newtonian and PL fluids collapse in this region, which suggests that the velocity defect in the outer layer is largely independent of the fluid rheology despite the PL fluid showing very large viscosity (as will be discussed in the following). This lends support to the idea that the larger inner-scaled mean axial velocity and the bulk velocity shown by PL fluid as compared to Newtonian fluid [see Table I and Fig. 9(a)] are largely due to the differences in the flows of the two fluids near the wall.

Overall the mean axial velocity profiles of both Newtonian and shear-thinning fluids show a similar \( \text{Re}_t \) dependence; however, for each \( \text{Re}_t \), the differences between the profiles of two fluids are clearly evident. Shear-thinning fluid exhibits larger mean axial velocity \( U_+^z \) in the outer flow region than in Newtonian fluid.

Similar to the mean axial velocity, the mean viscosity profile of shear-thinning fluid is also almost independent of \( \text{Re}_t \) in the viscous sublayer and is slightly higher than the Newtonian viscosity (\( \nu^+ = 1 \)) (Fig. 12). The mean viscosity profiles show a log-like region in buffer and log-layers and
the extent of this log-like region increases with increasing Reτ. The mean viscosity profiles collapse for different Reτ below the wake region. The reason for the functional form of the collapsed mean viscosity profiles is not obvious.

2. Friction factor

Using the nondimensionalization based on wall units, the friction factor can be written as
\[ f = 2/U_b^{+2} \]
where \( U_b^+ \) is the area-weighted averaged of the mean axial velocity \( U_z^+ \). The DNS predictions of the friction factor are shown in Fig. 13. With increasing Reτ, \( U_z^+ \) integrates to larger \( y^+ \) [Fig. 9(a)], which gives a higher \( U_b^+ \) and hence a lower friction factor \( f \) for higher Reτ. Due to the increase in \( U_z^+ \) with shear thinning in the log-layer and core region, \( U_b^+ \) is larger and the friction factor is lower for the PL fluid compared to the Newtonian fluid.

Several empirical correlations have been proposed for PL fluids [29] in which the Dodge-Metzner correlation [5] (4) has been found to agree well with the experiments [6]. For Newtonian fluids, the Dodge-Metzner correlation reduces to the Nikuradse correlation. Although the Dodge-Metzner correlation is widely used for PL fluids, it does not have a theoretical support [30]. Anbarlooei et al.
[30] proposed the alternate friction factor correlation based on the Newtonian Blasius correlation

$$f = \left(0.102 - 0.033n + \frac{0.01}{n}\right)\frac{\text{Re}_{\text{MR}}^{1/2(n+1)}}{\text{Re}_{\text{MR}}^{1/2(n+1)}}. \quad (12)$$

Direct numerical simulation predictions of the friction factor are compared with these correlations in Fig. 13. The current predictions for Newtonian fluids agree better with the Blasius correlation than Nikuradse’s correlation, which is consistent with the findings of El Khoury et al. [20] for the Reynolds numbers considered here. Both Dodge-Metzner and Anbarlooei et al. correlations agree well with each other for the shear-thinning fluid in $\text{Re}_{\text{MR}} \lesssim 100,000$. The agreement between DNS and the correlations is good at $\text{Re}_{\tau} = 323$; however, for higher $\text{Re}_{\tau}$, DNS slightly underpredicts the friction factor compared to the correlations.

The ratio of DNS predictions of the friction factor for Newtonian and PL fluids was observed to be only slightly decreasing with increasing $\text{Re}_{\tau}$ in Table I. This is further analyzed using the Dodge-Metzner correlation, which can be expressed as an explicit function of $\text{Re}_{\tau}$ as

$$\frac{1}{\sqrt{f}} = \frac{4}{n^{0.75}} \log_{10}\left[\frac{\text{Re}_{\tau}^{2^{4-n/2}}}{(3 + 1/n)^{n}}\right] - 0.4 \frac{1}{n^{1.2}}. \quad (13)$$

The ratio of $f$ for Newtonian and PL fluids is plotted against $\text{Re}_{\tau}$ in Fig. 14, which shows that in the range of $\text{Re}_{\tau}$ considered here, the ratio $f_N/f_{NN}$ decreases very slowly (see the inset). The decrease in $f_N/f_{NN}$ with $\text{Re}_{\tau}$ becomes slower as $\text{Re}_{\tau}$ is increased and it appears that $f_N/f_{NN}$ will approach unity only for an infinite $\text{Re}_{\tau}$.

### 3. Mean shear stress budget

As explained in Ref. [8], the Reynolds decomposition for velocity $v = V + v'$, viscosity $\nu = \bar{\nu} + \nu'$, and the rate of strain tensor $s = S + s'$, defining $V$, $\bar{v}$, and $S$ as the time-averaged quantities, leads to the expression for the $(r, z)$ component of the mean shear stress

$$\tau_+^{rz} = \tau_+^{rz} + \tau_+^{Rz} + \tau_+^{fz} = \frac{r}{R} = \left(1 - \frac{y^+}{R^+}\right), \quad (14)$$

where $\tau_+^{rz} = \bar{v}^+ \partial U_+^z / \partial y^+$, $\tau_+^{Rz} = -v_+^z v_+^z$, and $\tau_+^{fz} = 2\nu' s_+^{rz}$. Since except for $(r, z)$ all other components of the mean shear stress are zero in a pipe flow, the subscript $rz$ is dropped in the following discussion for clarity. Note that $\tau_+^{rz}$ is independent of the fluid rheology and the profiles of $\tau_+^{rz}$ of both Newtonian and shear-thinning fluids will collapse on top of each other for a fixed $\text{Re}_{\tau}$, as shown and discussed in Ref. [8] for $\text{Re}_{\tau} = 323$. 

094607-15
FIG. 14. Ratio of friction factors for Newtonian and PL fluids obtained from the correlation (13) plotted against Reτ with the inset showing a closer look in the Reτ range considered in this study.

The profiles of the inner-scaled mean shear stress components in the (r, z) direction are plotted in Fig. 15 for both fluids at different Reτ. As expected from the results of the mean axial velocity gradient and the mean viscosity [Figs. 9(b) and 12], the mean viscous stress τv+ is almost independent of Reynolds number for both fluids except in the viscous sublayer. In the viscous sublayer, τv+ slightly increases with increasing Reτ for PL fluid, which is due to an increase in the magnitude of the turbulent viscous stress τfv+ [Fig. 15(c)].

Compared to τv+ and τfv+, profiles of the Reynolds shear stress τR+ show a large Reτ dependence. For each fluid, τR+ increases significantly in the log-layer and core region and the peak moves further away from the wall with increasing Reτ. This trend is consistent with past studies of Newtonian fluids [20,21]. Differences between the τR+ profiles of two fluids disappear in the outer log-layer and core region for all Reτ, supporting the idea that the effect of shear thinning is confined near the wall. The y+ location where τR+ profiles of two fluids start overlapping each other is almost independent of Reτ, which suggests that the region where the PL rheology has a major influence on the flow is independent of the Reynolds number; however, this needs to be confirmed. Overall, the Reτ dependence of the mean shear stresses is similar for both fluids.

C. Turbulence intensities and viscosity fluctuations

Turbulence intensity profiles of both fluids are also similarly affected with increasing Reτ with each component increasing with Reτ (Fig. 16). Similar to τR+, the axial turbulence intensity u′+ shows a large-Reτ dependence only for y+ ≥ 30. The location of maximum u′+ is independent of Reτ for each fluid. The effect of shear thinning on u′+ disappears near the pipe center for y+ ≥ 200. The same is seen via the axial turbulence intensity profiles plotted against y/R, which almost collapse in the outer layer for Newtonian and PL fluids and for different Reτ [Fig. 16(b)].

Unlike u′+, profiles of the radial and azimuthal turbulence intensities u′r and u′θ, respectively, do not collapse near the pipe center for the two fluids; however, the gap between the profiles of two fluids becomes smaller at higher Reτ. The radial and azimuthal turbulence intensity profiles may collapse for Newtonian and PL fluids in the outer layer but at Reynolds numbers larger than considered here [Figs. 16(b), 16(d), and 16(e)]. Profiles of the root mean square viscosity fluctuations are marginally affected with increasing Reτ [Fig. 17(a)] with the differences seen more clearly when normalized by the local mean viscosity v+N [Fig. 17(b)].

Overall, these results show clear differences between the flow of shear-thinning and Newtonian fluids at all Reτ considered here. The effect of shear thinning on turbulence intensity profiles decreases with increasing Reτ, especially in the log-layer and core region; however, it is still significant at the highest Reτ considered here (Reτ = 750).
FIG. 15. Profiles of the (a) mean viscous stress $\tau_{v}^{+}$, (b) Reynolds shear stress $\tau_{R}^{+}$, and (c) turbulent viscous stress $\tau_{fv}^{+}$ plotted for Newtonian and PL fluids at different $Re$. 

D. Higher-order turbulence statistics

A detailed discussion of the mean flow kinetic energy (MFKE) and the turbulent kinetic energy (TKE) budgets is available for PL fluids in Ref. [8] at a fixed Reynolds number. Here we analyze the effect of Reynolds number on these energy budgets, but to keep the paper short, the results are included in the Appendixes, where the main points are as follows.

Similar to the results of the first-order turbulence statistics presented above, profiles of the different terms in the MFKE and the TKE budget terms show a similar $Re$ dependence for Newtonian and PL fluids. In the MFKE budget, only the MFKE production and its transport via the Reynolds stress (turbulent transport of MFKE) show a large-$Re$ independence. The MFKE production by definition $(U_{z}^{+} \partial P^{+}/\partial z^{+})$ follows the same trend as the mean axial velocity $U_{z}^{+}$. Similar to the Reynolds shear stress, the turbulent transport of MFKE $[T^{m} = -\partial(U_{i}u_{j}^{'})/\partial x_{j}]$ shows a large-$Re$ dependence only for $y^{+} \gtrsim 30$ and the shear-thinning effect disappears in the outer layer and core region. The non-Newtonian terms (terms introduced due to viscosity fluctuations) remain small compared to other terms at all $Re$ and thus only marginally contribute in the MFKE budget.
FIG. 16. Profiles of turbulence intensities plotted as a function of (a)–(c) $y^+$ and (d)–(f) $y/R$ for Newtonian and PL fluids at different $Re_\tau$.

The turbulent kinetic energy budgets show Reynolds number and shear-thinning dependence only near the wall. The Reynolds number effect disappears for $y^+ \lesssim 30$, whereas the shear-thinning effect can be seen until $y^+ \approx 100$. The contribution of the non-Newtonian terms (terms introduced due to viscosity fluctuations) remains small compared to turbulent production and dissipation; however, they increase in magnitude with increasing $Re_\tau$. Overall, the results show that the shear-thinning effect on the energy budgets is unlikely to disappear even at very high Reynolds number.

**IV. SUMMARY AND CONCLUSIONS**

Due to the difficulties in optical measurements in GN fluids, most experimental studies of turbulent pipe flow of GN fluids have been limited to measuring the turbulent friction factor and much insight has been gained via direct numerical simulations. Past DNS studies of GN fluids showed distinguishably different flow behavior for GN fluids compared to Newtonian ones. The most notable differences were that the mean axial velocity profiles shift above the Newtonian profiles in the log-layer and the axial turbulence intensity increases but the radial and the azimuthal components decrease with shear thinning. The GN rheology was found to affect the turbulent kinetic energy budget mostly in the near-wall region. Despite the significant advancement of computational
technology, much of the DNS data available for GN fluids is limited to low Reynolds numbers ($Re_G < 12,000$). As the Reynolds number increases, the viscous region becomes smaller in outer units compared to the pipe radius, it is not clear whether the observed shear-thinning effects will persist at higher Reynolds number. This is the fundamental question we attempt to answer in this study. Simulations carried out for Newtonian and shear-thinning PL ($n = 0.6$) fluids for $Re_\tau = 323$, 500, and 750 provide strong evidence that the effect of shear thinning will not disappear with increasing Reynolds number. There is a persistent difference between the two sets of curves in the near-wall region that stems from a difference in rheologies and which is mostly independent of Reynolds number. It seems unlikely that the inner-scaled mean axial velocity profiles will ever collapse to a common curve for Newtonian and PL fluids. This phenomenon is consistent with the predictions of the Dodge-Metzner correlation. For the Reynolds number range considered here, the mean axial velocity profiles are found to be in better agreement with a power-law scaling ($U_+^* = Cy_+^{1/3}$) than a log-law scaling ($A \ln y_+ + B$) for each fluid. With increasing Reynolds number, the mean axial velocity tend to become independent of the Reynolds number, which suggests the possibility of defining a nondimensionalization to collapse the Newtonian and non-Newtonian mean axial velocity profiles at larger $Re_\tau$. However, data for a range of flow indices $n$ and larger $Re_\tau$ are required to propose such nondimensionalization and therefore it remains future work.

In the mean shear stresses, the Reynolds shear stress is the most affected by varying Reynolds number and it becomes independent of the shear-thinning rheology by $y^+ \approx 200$ irrespective of the Reynolds number. Profiles of the axial turbulence intensity when plotted in outer units collapse in the outer layer for Newtonian and PL fluids at all Reynolds number. The radial and the azimuthal turbulence intensity profiles are also expected to follow a similar trend but at larger Reynolds numbers than considered here. The $y^+$ location up to which varying Reynolds number has the

FIG. 17. Profiles of the rms viscosity fluctuations normalized by (a) the nominal wall viscosity and (b) the local mean viscosity plotted for PL fluid at different $Re_\tau$. 

094607-19
most prominent effect on the turbulent kinetic energy budget is larger for the shear-thinning fluid compared to the Newtonian fluid \((y^+ \approx 30 \text{ vs } y^+ \approx 20)\). However, for a given Reynolds number, the shear-thinning effects on the turbulent kinetic energy budget persist until \(y^+ \approx 200\) and the Newtonian and PL profiles collapse on top of each other beyond this \(y^+\). Interestingly, in this \(y^+\) range \((y^+ \lesssim 200)\), the mean viscosity profiles are largely independent of the Reynolds number. The reason for the functional form of the collapsed mean viscosity profiles is not obvious. However, the Reynolds number independence of the mean viscosity profiles and small contribution of the viscosity fluctuations in the mean shear stress and the energy budgets have implications for RANS and LES of GN fluids. These results suggest that the effect of shear-thinning rheology in the RANS or LES model can be captured via an appropriate mean viscosity model in the inner region, and such mean viscosity model for a fluid can be independent of the Reynolds number.

**ACKNOWLEDGMENTS**

Computations were carried out using the resources provided by the Pawsey Supercomputing Centre with funding from the Australian Government and the Government of Western Australia via the NCI merit allocation scheme Grant No. D77. We gratefully acknowledge the resources and their support.

**APPENDIX A: ENERGY BUDGETS**

The equations for the mean flow and the turbulent kinetic energy budgets are described in detail in Refs. [8,31] and only a brief overview is given here to introduce terms required in the later discussion. Using the Reynolds decomposition, the total kinetic energy per unit mass \(q = u_iu_i/2\) is written as \(\bar{q} = K + k\), where \(K = U_iU_i/2\) is the MFKE and \(k = u_i^'u_i^'/2\) is the TKE. For a steady axially homogeneous flow of non-Newtonian fluid, the mean flow kinetic energy budget equation is written as

\[
W_{dp/dt} - U_j \frac{\partial p}{\partial x_j} + \bar{T} + \frac{\partial}{\partial x_j} \left( - \frac{1}{2} \frac{\partial u_i}{\partial x_j} u_i' u_j' \right) + 2 \frac{\partial}{\partial x_j} \left( \bar{v} S_{ij} U_i \right) + \frac{\partial}{\partial x_j} \left( -2 \bar{v} S_{ij} S_{ij} \right) + 2 \frac{\partial}{\partial x_j} \left( 2 \bar{\nu} s_{ij} u_i' \right) + \bar{\nu} s_{ij} = 0,
\]

(A1)

where a subscript \(nn\) is used for terms which are nonzero only for a non-Newtonian fluid and the following terminology is used: \(W_{dp/dt}\) is the the mean flow energy production, \(T\) the turbulent transport, \(D\) the mean viscous transport, \(\bar{\epsilon}\) the mean viscous dissipation, \(-P\) the turbulent energy transfer or negative turbulent kinetic energy production, \(\gamma_{mn}\) the turbulent viscous stress transport, and \(\chi_{nn}\) the mean shear turbulent viscous dissipation. Similarly, the turbulent kinetic energy budget equation for a steady axially homogeneous flow of a non-Newtonian fluid can be shown to be [8]

\[
-\bar{u_i'}u_j' S_{ij} + \left\{ \begin{array}{c} \bar{T} - \frac{\partial}{\partial x_j} \left( \frac{1}{2} \frac{\partial u_i}{\partial x_j} u_i' u_j' \right) - \frac{\partial}{\partial x_j} \left( \bar{p} u_j' \right) + \frac{\partial}{\partial x_j} \left( 2 \bar{v} s_{ij} u_i' \right) \\ \end{array} \right\} + \frac{\partial}{\partial x_j} \left( \bar{\nu} s_{ij} \right) = 0.
\]

(A2)
The terms in the first line appear for both Newtonian and non-Newtonian fluids, for which the following is standard terminology: $P$ is the turbulent kinetic energy production, $T$ the turbulent velocity transport, $\Pi$ the pressure related transport, $D$ the mean viscous transport, and $\epsilon$ the mean viscous dissipation. The terms in the second line in Eq. (A2) appear due to viscosity fluctuations and therefore vanish for Newtonian fluids. The following terminology is used for these terms: $\xi_{nn}$ is the mean shear turbulent viscous transport, $\chi_{nn}$ the turbulent viscous transport, $\epsilon_{nn}$ the mean shear turbulent viscous dissipation, and $\epsilon_{nn}$ the turbulent viscous dissipation. In the terminology used here, the nature of different terms (transport, production, dissipation, etc.) has been identified in their name. The kinetic energy is generated via the productions terms, redistributed within the domain via the transport terms and dissipated via dissipation terms. The TKE production $P$ appears in both equations with opposite sign and therefore represents the kinetic energy transfer from the mean flow to turbulence. Note that the non-Newtonian terms $\chi_{nn}$ and $\epsilon_{nn}$ are referred to as dissipation terms due to their similarity to the Newtonian dissipation terms $\epsilon_m$ and $\epsilon$. These non-Newtonian terms are not strictly dissipation terms and have been found to be positive for shear-thinning fluids and therefore reduce the dissipation arising from the Newtonian terms [8]. The mean flow and turbulent kinetic energy budgets are discussed in detail in Refs. [32,33] for Newtonian fluids and the effect of shear thinning for a fixed Re$_\tau$ is presented in Ref. [8]. Here the energy budgets are analyzed to see whether the effect of shear thinning on the mean flow and the turbulent kinetic energy budgets is enhanced or diminished with increasing Re$_\tau$.

**APPENDIX B: MEAN FLOW KINETIC ENERGY BUDGET**

The mean flow receives energy via the working of the mean pressure gradient on the mean flow and dissipates via viscous effects. Energy is transferred from the mean flow to TKE via production $P^+$. For shear thinning, viscosity fluctuations introduce additional terms: the turbulent viscous stress transport $\Upsilon_{nn}^m$ and the mean shear turbulent viscous transport $\chi_{nn}^m$. Since $P^+$ and $\chi_{nn}^m$ appear in both MFKE and TKE budget equations, these terms are discussed later with the TKE budget and the remaining MFKE budget terms are plotted in Fig. 18, the main points of which are discussed below.

The Newtonian MFKE budget terms $W_{dp/dz}^+$, $T^m$, $D^m$, and $\epsilon_m$ by definition depend on a mean shear stress component ($\tau v^+, \tau R^+$, or $\tau f v^+$) and mean axial velocity $U_0^+$. Therefore, similar to the mean axial velocity and the mean shear stresses, the Newtonian MFKE budget terms are affected similarly to Re$_\tau$ for both fluids. The MFKE production $W_{dp/dz}^+$ = $(U_0^+ \partial P^+ / \partial z^+)$, which can also be written as $2U_0^+/Re_\tau$, decreases with increasing Re$_\tau$ [Fig. 18(a)]. The turbulent transport of MFKE $T^m$ is a sink in the core region where it balances the MFKE production (other MFKE budget terms vanish there). The location where $T^m$ reaches a local maximum slightly shifts towards the wall with increasing Re$_\tau$ for both fluids. The magnitude of $T^m$ decreases in the core region with increasing Re$_\tau$, which is due to the lower MFKE production there for larger Re$_\tau$. The turbulent transport $\tau v^+$ changes sign around $y^+ \approx 60$ and thus transports energy from the core region towards the wall. Similar to the axial turbulence intensity ($u_\tau^+$) profiles, the profiles of $T^m$ of Newtonian and PL fluids overlap each other in the core region; however, there is no obvious relation between $T^m$ and $u_\tau^+$.

The remaining terms are the viscosity-dependent terms ($D^m$, $\epsilon_m$, and $\Upsilon_{nn}^m$) which are significant only near the wall for $y^+ \lesssim 100$ [Figs. 18(c)–18(e)]. The mean-viscosity-dependent terms, i.e., the mean viscous transport $D^m$ and the mean viscous dissipation $\epsilon_m$, dominate the MFKE budget near the wall and similar to the mean viscous stress $\tau v^+$, both of these terms show a marginal dependence on Re$_\tau$. Due to the higher $\tau v^+$ in the shear-thinning fluid, the magnitude of $D^m$ and $\epsilon_m$ is higher for PL fluid compared to the Newtonian fluid. The turbulent viscous stress transport $\Upsilon_{nn}^m$, which is due to the turbulent viscous stress $\tau f v^+$, shows a Re$_\tau$ dependence similar to that seen for $\tau f v^+$ in Fig. 15(c) and slightly increases with increasing Re$_\tau$. However, the magnitude of $\Upsilon_{nn}^m$ is very small compared to the mean viscous dissipation $\epsilon_m$. The negative values $\Upsilon_{nn}^m$ close to the wall suggest that it decreases the total viscous dissipation there. Overall, the Reynolds number dependence of the
FIG. 18. Profiles of the terms which appear only in the mean flow kinetic energy budget (A1) plotted for Newtonian (black lines) and PL fluids (orange lines).

MFKE budget terms is similar for both fluids and the contribution of the non-Newtonian transport term $\Upsilon_{nn}^+$ is small in the total MFKE transport.

APPENDIX C: TURBULENT KINETIC ENERGY BUDGET

As mentioned earlier, TKE receives energy from the mean flow via the TKE production $P^+$ and similar to the MFKE, TKE is dissipated via the viscous effects. Viscosity fluctuations introduce additional transport ($\xi_{nn}$ and $D_{nn}$) and dissipation ($\chi_{nn}$ and $\epsilon_{nn}$) terms. Profiles of different TKE budget terms are plotted in Fig. 19 where the main points are discussed below.

Similar to the MFKE budget, Newtonian terms in the TKE budget are also similarly affected by increasing $Re_\tau$ for each fluid [Figs. 19(a)–19(e)]. The TKE production $P^+ = \tau^{R^+} (\partial U^{+}_y / \partial y^+)$ is higher for higher $Re_\tau$ for each fluid [Fig. 19(a)], which is due to the increased Reynolds shear stress $\tau^{R^+}$ with increasing $Re_\tau$, as can be seen in Fig. 15(c). The location of the maximum $P^+$ is almost independent of $Re_\tau$ but slightly shifts away from the wall with shear thinning. Shear thinning decreases $\tau^{R^+}$, therefore the TKE production $P^+$ is lower for the PL fluid compared to the
Newtonian fluid. The gap between $\mathcal{P}^+$ profiles of Newtonian and PL fluids is significantly large at all $\text{Re}_\tau$.

The increase in the TKE production with increasing $\text{Re}_\tau$ is accompanied by an increase in the mean viscous dissipation $\epsilon^+$ [Fig. 19(b)]. The mean viscous dissipation $\epsilon^+$ shows a $\text{Re}_\tau$ dependence mainly for $y^+ \lesssim 30$. Larger $\epsilon^+$ near the wall for higher $\text{Re}_\tau$ indicates larger shear rate fluctuations $s_{ij}'s_{ij}^{\tau+}$ ($\epsilon^+ = 2\nu^+s_{ij}'s_{ij}^{\tau+}$) for higher $\text{Re}_\tau$ because the mean viscosity is constant for a Newtonian fluid.
fluid and is independent of \( \text{Re}_\tau \) there for PL fluid (Fig. 12). The deviation between the profiles of Newtonian and PL fluids in the viscous sublayer slightly increases with increasing \( \text{Re}_\tau \).

The mean viscous dissipation near the wall is mainly balanced by the mean viscous transport \( D^+ \) there. Therefore, the profiles of \( D^+ \) show a \( \text{Re}_\tau \) dependence similar to \( \epsilon^+ \) for \( y^+ < 3 \), and \( D^+ \) there is larger for higher \( \text{Re}_\tau \) [Fig. 19(c)]. The mean viscous transport \( D^+ \) vanishes beyond \( y^+ \gtrsim 30 \). Profiles of the other Newtonian transport terms \( T^+ \) and \( \Pi^+ \), which are small compared to \( D^+ \) (approximately five and ten times smaller), also show a similar \( \text{Re}_\tau \) dependence for each fluid, as seen for the mean viscous transport \( D^+ \) [Figs. 19(d) and 19(e)]. However unlike \( D^+ \), \( T^+ \) and \( \Pi^+ \) do not vanish until \( y^+ \approx 100 \). The non-Newtonian terms arising due to viscosity fluctuations are significant only for \( y^+ \lesssim 30 \), where they increase in magnitude with increasing \( \text{Re}_\tau \) [Figs. 19(f) and 19(g)].

Profiles of the total transport \( T^{k^+} = T^+ + \Pi^+ + D^+ + \xi_{nn}^+ + D_{nn}^+ \) and the total dissipation \( \epsilon^{k^+} = \epsilon^+ + \chi_{nn}^+ + \epsilon_{nn}^+ \) provide a complete picture of the effect of increasing \( \text{Re}_\tau \) on the turbulent kinetic energy budget. As can be seen in Fig. 20, the profiles of both \( T^{k^+} \) and \( \epsilon^{k^+} \) are also affected similarly with increasing \( \text{Re}_\tau \) for each fluid. Both \( T^{k^+} \) and \( \epsilon_{k^+} \) are larger for higher \( \text{Re}_\tau \). The total TKE transport \( T^{k^+} \) shows a \( \text{Re}_\tau \) dependence only in the viscous sublayer, whereas the total turbulence dissipation \( \epsilon^{k^+} \) is affected by increasing \( \text{Re}_\tau \) until the outer edge of the buffer layer (\( y^+ \lesssim 30 \)). The gap between the profiles of Newtonian and PL fluids is larger in the viscous sublayer and it seems unlikely that the gap will close even at very high Reynolds number.

The overall effect of increasing \( \text{Re}_\tau \) on the TKE budget is qualitatively similar for each fluid. The non-Newtonian terms act as a sink in the TKE budget and their contribution increases with increasing \( \text{Re}_\tau \). The Reynolds number effect is mainly confined near the wall for \( y^+ \lesssim 30 \), whereas the shear-thinning effect is seen until \( y^+ \approx 100 \). The shear-thinning effect on the energy budgets is unlikely to disappear even at very high Reynolds number.

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